

# TNA News

## Trainee Nurse Associate



### TNAs work at the following Trusts on clinical areas

#### **Barnsley Hospital NHS Foundation Trust**

Ward 14 Gynae  
Ward 22 Diabetes/Endocrinology  
Ward 17 Cardiology  
Ward 31 & 32 General Surgery  
Ward 33 & 34 Orthopaedic Unit

#### **Rotherham Hospital Foundation Trust:**

Ward A1 Medicine  
Ward A2 Medicine  
Acute Medical Assessment Unit  
Ward B4 General Surgery  
Stroke Unit

#### **GP Federation**

Barnsley  
Grimethorpe &  
Shafton Surgery

#### **South West Yorkshire Partnership Foundation Trust**

District Nursing Teams  
Oaks Park & Thurnscoe

#### **Villa Care Group**

Park Lodge Nursing Home

The TNAs also experience alternative placements in a range of settings to ensure that they meet the curriculum requirements which means that each TNA has placements caring for patients in hospital, close to home, e.g. Outpatients, Sexual Health clinics and at home e.g. District Nursing.

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### Some TNAs thoughts so far since starting this programme in April this year

*“When I first started the programme I felt excited but out of my depth. It was really hard moving from an area that I loved working on to an area that I had never experienced before. I was really nervous but all the staff that I worked with supported me and I felt my confidence grow. The external placements gave me the opportunity to experience different ways of working and further my knowledge. The university work I did felt daunting but now with the first unit finished I feel proud of myself for what I’ve achieved and I now understand how I study best and how to prioritise my work load. The support I’ve received has been brilliant from both my employer and university. I always have someone I can go to for help.”*

Jemma Gibson, TNA currently on Ward 32

*“Since starting the course, I have had the opportunity to not only learn a vast set of skills but absolutely tonnes of new knowledge. Through University time and time on placement I have improved all my personal skills drastically and the growth in my confidence has been evident to everyone who I work with. Although sometimes I have absolutely no idea what I am meant to be doing or what to exactly is expected of me I know deep down this is exactly what I am meant to be doing and the burning desire and passion to reach my life time goal of becoming a qualified professional is in progress. I hope that all the tears, tantrums and absolute meltdowns will be worth it in the end when I eventually progress on my personal and professional metaphorical ladder.”*

Amy Burd, TNA currently in SWYPFT – Kendray Neuro Rehab

*“The opportunities to see and work in a variety of different environments across a range of Trusts/Organisations has been priceless. It is not only provided me with great new experiences and new skills/knowledge, it will also aid me in the future when considering a place of work. The academic work is daunting at times but at the same time I am enjoying this side of the course. I feel a sense of achievement as I never thought I would be capable of producing academic work to this level. Once Unit 1 is out of the way I feel I will be a lot more confident in myself and my work. Knowing I can work towards and achieve a foundation degree, hopefully will aid me further to progressing in my career towards a registered Nurse and beyond.”*

Arran Broadhead, TNA currently on Ward 33

*“Firstly, I feel immensely proud to be part of the first ever pilot of the TNAs!! I feel like my hard work has finally paid off. It has entailed many highs and honestly some lows too. However, thanks to the great support network of everyone around us, including my peers, it has helped to overcome the nerves, the doubts and the uncertainties that I have been faced with along the way. I am so happy with my learning and development so far, already I have learnt so much, even things about myself. I am beginning to work more autonomously and building up my resilience to help me be the best that I can be. I honestly feel so lucky to be a TNA and I can’t wait to see what the future brings.”*

Jessica Jackson, TNA currently on Ward 17

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### University Update

**The TNAs commenced their programme with the University of Sheffield in April 2017. This is a full time programme and trainees spend the equivalent of 1 day per week studying and preparing for their clinical and academic assessments.**

The first unit of learning has just ended and the University are now working with practice partners to evaluate this. If you do get an evaluation form we would really appreciate that you complete this in order to help us to understand how we are doing so far; what works well and what needs improving?

The first unit completed was Theoretical Foundations of Health and Nursing and this was designed to give an introduction to important theoretical concepts that help the TNA to

understand the concepts of health and nursing and how these relate. We looked at professional concepts and the nursing process along with some biology and clinical skills. The emphasis was on drawing on all these types of knowledge together when delivering patient care and working with the RN. Unit two started in October and this is called Contexts of care 1. The focus here is getting the TNA to understand the different contexts of care delivery/client groups and reflect upon their role within this. We are focusing on acute care and the deteriorating patient and, again, we will look at professional issues, nursing theory and biology in order to develop that understanding. If you need any further information on this programme please see: <https://www.sheffield.ac.uk/snm/undergraduate-courses/tna>

### TNA Mentors:

Thank you to everyone who has supported and is continuing to support the TNAs in clinical practice from your comments it is clear that you and the staff teams really value the TNAs role and development. Dates for your diaries:

#### TNA Mentor Updates

Barnsley Hospital, Education Centre, Room 1.

1<sup>st</sup> February 2018, 2 – 4pm

Please email the Student Support team to book on [bdg-tr.StudentSupportTeam@nhs.net](mailto:bdg-tr.StudentSupportTeam@nhs.net)

Rotherham Hospital, Woodside

8<sup>th</sup> February 2018, 12 – 1.30pm (This will be prior to the LEM meeting, taking place 1.30 – 3.30pm)

Please email [lynne.firth@rothgen.nhs.uk](mailto:lynne.firth@rothgen.nhs.uk) to book on.

As you can see from this first newsletter the TNAs are really helping us all to provide excellent patient care. If you or the staff team would like to know more about the work of the TNAs and future TNA programmes, please email me on [lynne.firth@rothgen.nhs.uk](mailto:lynne.firth@rothgen.nhs.uk) or Beverley Clancy or Andrea Kelcher on [beverley.clancy@nhs.net](mailto:beverley.clancy@nhs.net) or [andrea.kelcher@nhs.net](mailto:andrea.kelcher@nhs.net)

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### 60 seconds with Mark Limb, TNA Tutor, University of Sheffield



**I started my nursing career in Barnsley as an auxiliary nurse prior to doing my pre-registration training between 1985 and 1988, so it was easy to accept the offer to work with the Barnsley and Rotherham partnership for the trainee Nurse Associate pilot project.**

My role was as the University of Sheffield representative, but I've kept my roots in Barnsley and still live somewhere that I can take a walk and get a view of the hospital on a clear day.

I first met the partners in early February of this year, and since then things have moved on a long way. We started developing the curriculum using the HEE framework and then moved on to recruitment. This was not as easy as it sounds as the programme had to be ready for delivery in April of this year and we needed 20 students ready to start the learning process. Fortunately this went relatively well and we had everything approved and a full cohort on time, and this was a good indication of how well the partnership was working together.

Since then it has been a great and significant part of my career to be involved on the preparation of the Nurse Associate ready for registration with the

NMC once regulation of this new role commences. It is really exciting to be involved in this project and be a part of this new development, though that in itself does present challenges, and one of these is getting people to understand the role and the relationship of this to the RN and the HCA. It has also been a challenge getting people not to see this as a re-emergence of the SEN and we do continue to update and present our views on this in as many ways as we can.

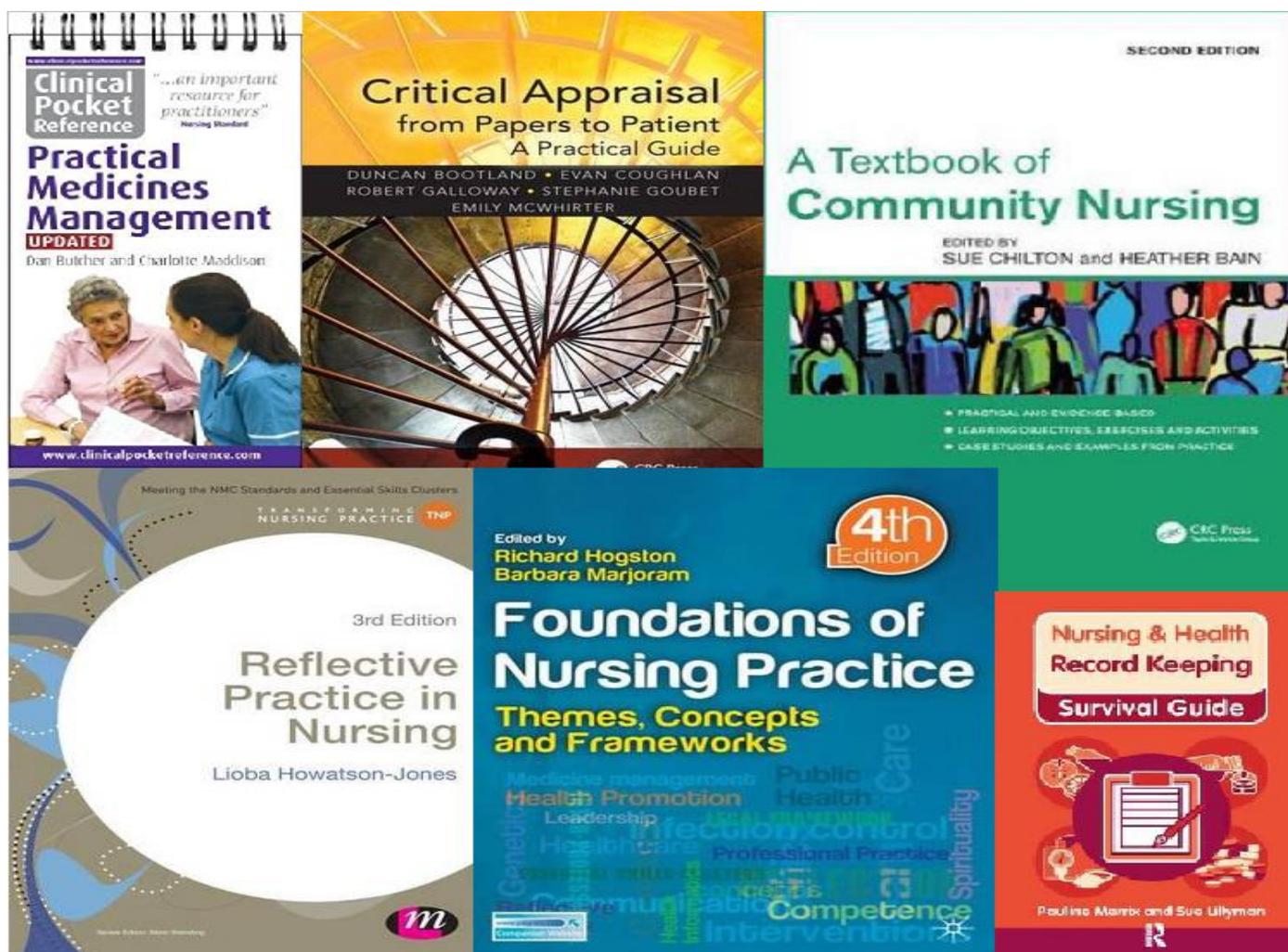
It has been really good working with all the trainees as fulltime employees, and also as full time students, and preparing them for their assessments at the university.

We are working with them to develop an understanding of the professional element of their role along with knowledge and skills relating to health promotion, care delivery, team-working, safety and quality as well as working between organisations in providing safe and effective care for patients both alongside, and in support of the RN. It's been great to support them and to see their achievements so far, working full time at the same time as completing a number of challenging academic assessments is not easy and it has been a pleasure to work and engage with a student cohort that is really keen to learn.

We've now come to the end of the first unit of learning and it has been great working with students, mentors and other partners and we are now looking at evaluating this from a number of perspectives including: the student, the mentor, the manager and where possible patients so please return your evaluation form to the person who sent it and let us know your views.

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## How the Library can support Trainee Nurse Associates

1-1 and group sessions on literature searching, critical appraisal and referencing.

Access to and support with NHS Evidence, which includes databases such as CINAHL and access to journals such as Nursing Standard.

Access to and support with *DynaMed Plus*, the clinical reference tool which summarises the most research articles.

Inter-Library Journal Requests. If a journal article can not be found via your University access or via NHS Evidence, we can find it for you. Complete details on our eForm <http://bit.ly/2Aq85Yy>

Remember: You can search for books in the hospital library here-

<http://bdgh.nhslibraries.com/HeritageScripts/Hapi.dll/search1?SearchPage=srchgen.htm> or if there is anything which we haven't got, you can request it using our eForm

Library and Knowledge Services training is available to Band 4 Aps, covering subjects such as literature searching and referencing. Contact Colin Lynch, Information Skills Training Librarian at Rotherham Foundation Trust Library & Knowledge Service on 01709 427139 or [colin.lynch@rothgen.nhs.uk](mailto:colin.lynch@rothgen.nhs.uk) to discuss further.