

COPD Diagnosed

Treat Tobacco dependency, offer flu vaccination, optimise BMI, promote exercise and offer pulmonary rehabilitation (if MRC >3)

COPD with Predominant Breathlessness

SABA

Using SABA daily

SABA + LAMA or LABA

Continued breathlessness that limits daily activities

SABA + (LAMA + LABA)

COPD with Exacerbations* (+/- Breathlessness)

SABA + LAMA or LABA

Continued exacerbations* or breathlessness

SABA + (LAMA + LABA)

Continued exacerbations*

COPD with Asthma (if predominant asthma manage according to BTS asthma guidance)

SABA

Using SABA >3 times a week

SABA + (LABA + ICS)

Continued exacerbations* or breathlessness

Still poorly controlled? STOP, THINK, TAKE STOCK.
Consider referring to the BREATHE team for advice/intervention
(Tel: 01226 431673)

SABA + LAMA + (LABA + ICS)






















If no response – consider stepping down and refer for specialist opinion

Assess for COPD/asthma overlap by record review/history/examination/FBC for eosinophilia/evidence of clear symptomatic or lung function response to short trial of corticosteroids (oral or inhaled)

BEFORE CHANGING MEDICATION - Check inhaler technique and compliance, recheck diagnosis. Consider smoking status, co-morbidities. Suitable for pulmonary rehab or oxygen.

* >2 exacerbations per year or ≥1 exacerbation with hospitalisation

This guideline has been developed and endorsed by specialist Respiratory Team at BHNFT and has been approved at the APC in November 2017. The guideline was approved at the LMC in December 2017.

SABA	DPI / Aerosol	Drugs	Dose	Cost	Photo
Salbutamol inhaler 100mcg	Aerosol	Salbutamol	2 puffs QDS PRN	£1.50	
Salbutamol Easyhaler 100mcg	DPI	Salbutamol	2 puffs QDS PRN	£3.31	
Salbutamol Accuhaler 200mcg	DPI	Salbutamol	2 puffs QDS PRN	£3.60	
Salbutamol Easibreathe 100mcg	Aerosol	Salbutamol	2 puffs QDS PRN	£6.30	
Terbutaline inhaler	DPI	Terbutaline	2 puffs QDS PRN	£6.92	
LABA					
Formoterol Easyhaler®	DPI	Formoterol	1 puff (12mcg) BD	£23.75	
Oxis® 12mcg Turbohaler® Formoterol	DPI	Formoterol	1 puff (12mcg) BD	£24.80	
Foradil® Formoterol dry powder inh	DPI	Formoterol	1 puff (12mcg) BD	£28.06	
* Soltel® 25mcg inhaler	Aerosol	salmeterol	2 puffs (50mcg) BD	£19.95	
Serevent Evohaler®	Aerosol	Salmeterol	2 puffs (50mcg) BD	£29.26	
Atimos® mdi inhaler	Aerosol	Formoterol	1 puff (12mcg) BD	£30.06	
Onbrez® Breezhaler®	DPI	Indacaterol	150-300mcg OD	£32.19	
Serevent® Accuhaler®	DPI	Salmeterol	1 puff (50mcg) BD	£35.11	
LAMA					
Spiriva® Respimat®	Aerosol (soft mist)	Tiotropium	2 puffs (5mcg) OD	£23.00	
Braltus® Zonda®	DPI	Tiotropium	1 puff (10mcg) OD	£25.80	
Seebri® Breezhaler®	DPI	Glycopyrronium	1puff (44mcg) OD	£27.50	
Eklira® Genuair®	DPI	Acclidinium	1 puff (322mcg) BD	£28.60	
LABA/LAMA					
Duaklir® Genuair®	DPI	Acclidinium 340mcg/ Formoterol 12mcg	1 puff BD	£32.50	
Spiolto® Respimat®	Aerosol (soft mist)	Tiotropium 2.5mcg/ Olodaterol 2.5mcg	2 puff OD	£32.50	
Ultibro® Breezhaler®	DPI	Indacaterol 85mcg/ Glycopyrronium 43mcg	1 puff OD	£32.50	
LABA/ICS					
DuoResp® Spiromax® 320/9	DPI	Budesonide 160mcg /Formoterol 4.5mcg	1 puff BD	£27.97	
Symbicort® 400/12 Turbohaler®	DPI	Budesonide/Formoterol	1 puff BD	£28.00	
Fostair® MDI	Aerosol	Beclometasone 100mcg /Formoterol 6mcg	2 puffs BD	£29.32	
AirFluSal® Forspiro®	DPI	Fluticasone propionate 500mcg/ salmeterol 50mcg	1 puff BD	£29.97	

* Soltel® is the preferred brand for Salmeterol 25mcg Inhaler but it is contraindicated in patients with **soya / nut allergy**. Patients with soya/nut allergy should be prescribed the brand Serevent Evohaler®.