

Patients Information Letter – Rapid Access Chest Pain Clinic

An appointment has been made for you in the Rapid Access Chest Pain Clinic at Barnsley Hospital. You should have received details of the date and time in a separate letter.

On the day of your appointment you will be seen and examined by the Cardiology Doctor and the Nurse Practitioner. You may require some tests such as an ECG, exercise test. The clinic is designed that all these tests can be carried out during one visit. This will then help in a diagnosis being made quickly. Once a diagnosis has been made the Nurse Practitioner may be able to offer help and advice in relation to your problem.

Your clinic visit may last 2-3 hours. Should this present any problems to you please contact the Cardiac Nurse Practitioner on 01226 730000extension2176 or bleep 633 and alternative arrangements may be made.

When you attend the Chest Pain Clinic you may be asked to perform a treadmill exercise test. This involves walking at different speeds on a treadmill whilst your heart is monitored.

If you are currently taking a BETA-Blocker, please do not take these on the day of your appointment or the day before. If you are unsure which medication you are currently taking, then please do not hesitate to contact us.

You will be required to wear suitable footwear and clothing for exercise, giving easy access to the chest with minimal undergarments.

Please note that we have no facilities for small children within the exercise room. There are currently no crèche facilities at the hospital.