

Patient Name:  
Address:  
Date of Birth:  
NHS Number  
Consultant/Service to whom referral will be made:

**Please send this form with the referral letter.**

## Varicose Vein Surgery

### Instructions for use:

Please refer to policy for full details, complete the checklist and file for future compliance audit.

Treatment of varicose veins in secondary care is considered a low priority treatment and will only be funded by the CCG if the criteria below have been met. Treatment will NOT be funded for cosmetic reasons or in pregnancy.

Patients can be considered for surgery if they meet the following criteria:	Delete as appropriate	
Patient's BMI is 30 or less <b>AND</b>  (Completion of Get Fit First 6 month health improvement does not negate this criterion due to clinical outcomes.)	Yes	No
Intractable ulceration secondary to venous stasis <b>OR</b>	Yes	No
Bleeding varicose vein or if the patient is at high risk of re-bleeding. (i.e. there has been more than one episode of minor haemorrhage or one episode of significant haemorrhage from a ruptured superficial varicosity) <b>OR</b>	Yes	No
Significant and or progressive lower limb skin changes such as Varicose eczema, or lipodermatosclerosis with moderate to severe oedema proven to be caused by chronic venous insufficiency (itching is insufficient for referral) <b>OR</b>	Yes	No
Thrombophlebitis associated with severe and persistent pain requiring analgesia and affecting activities of daily living and or instrumental activities of daily living* <b>OR</b>	Yes	No
If the patient is severely symptomatic affecting activities of daily living and or instrumental activities of daily living. - <b>ALL</b> below must apply: <ul style="list-style-type: none"> <li>• Symptoms must be caused by varicosity and cannot be attributed to any other comorbidities or other disease affecting the lower limb.</li> <li>• There must be a documented unsuccessful six month trial of conservative management.**</li> <li>• Evidence that symptoms are affecting activities of daily living and/or Instrumental activities of daily living.</li> </ul>	Yes	No

\*Activities of daily living include: functional mobility, eating, bathing and personal care. They can be measured using the Barthel activities of daily living index. Instrumental activities of daily living include more complex tasks such as care of others, community mobility, health management and meal preparation.

\*\* Conservative management should include advice on walking and exercise, avoidance of activities that exacerbate symptoms, leg elevation whenever sitting and weight loss and compression stockings if appropriate.

*If clinician considers need for referral/treatment on clinical grounds outside of these criteria, please refer to CCG's Individual funding request policy for further information.*