

Available services in the Central locality

Name of Service	Provider of Service
<b>Central</b>	
Powerhoop Dodworth	Powerhoop Penistone
Over 50s Aerobics	Barnsley Premier Leisure
Zumba Class	St George's Church
Care2dance	Care2Dance
Over 50s Fitness Class	Susie Macnamee Fitness Instructor
Healthy Bones Barnsley	Healthy Bones
Healthy Bones Worsbrough	Healthy Bones
Get Up and Go. A Guide to Staying Steady	Chartered Society and Physiotherapy
Jabadao (Light Exercise) For People With Dementia	BIADs' Dementia Support Group
Reds In The Community	Reds In The Community
Barnsley Inclusive Sports And Fitness Forum Fitness For All Day	Barnsley Metrodome
Reds In The Community Disability Sport	Reds In The Community
Mencap - Saturday Club	Mencap
Learning Disability Day Opportunities	BMBC Services Limited Shared Lives
Reading Well Books On Prescription Long Term Medical Conditions	Barnsley Library Service
Gym For People With Dementia	BIADS Dementia Support Centre
Red In The Community Soccerise	Red In The Community
<b>Borough Wide</b>	
Weight Management In Barnsley	Barnsley Premier Leisure
Slimming World	Slimming World
Weight Watchers	Weight Watchers
Stop Smoking In Pregnancy	Stop Smoking In Pregnancy
<b>No Link To Area Council</b>	
Walking For Health	BMBC