

Issue 128 - 15 January 2020

Primary Care Newsletter

Welcome to your weekly e-bulletin – Primary Care News.

Please share this newsletter with colleagues within your practice who might benefit from the information.

Please forward any items for inclusion (aimed at Practice Managers) on the attached article [template](#) no later than **Monday evening** each week to the Primary Care email address at barnsleyccg.primarycare@nhs.net

Reminders - Important dates

Dates for your diary

- **2020 BEST events** and **Primary Care Network** meeting dates and deadlines for booking cover are available [here](#)

PLEASE READ - Phenindione Treatment

Please note that patients who are on **phenindione treatment may have falsely low creatinine results**. This may lead to an underestimation of kidney disease and/or the misinterpretation of an increased eGFR. This is due to phenindione interference in the creatinine assay used in our laboratory.

Please contact the laboratory in order to arrange creatinine analysis using an alternative method in any patient on phenindione who requires renal function assessment. Should you require any further clarification on this or anything else in the lab, please contact Consultant Clinical Scientists Cat Dibden (catherine.dibden@nhs.net, ext 2772) or Dr Iain Woodrow (iain.woodrow@nhs.net ext 5749)

Help Us Help You - Pharmacy Advice Campaign Packs

On 20 January, NHS England and NHS Improvement will launch the 'Pharmacy Advice' phase of the Help Us, Help You winter activity. The campaign encourages the public to 'take the drama out of minor illnesses' and use their local pharmacy as the first

place to go to for clinical advice on minor health concerns such as coughs, colds, tummy troubles and aches and pains. Physical packs will automatically be sent to every community pharmacy and GP practice (main site) in England and will be received from next week and will focus on two common minor ailments – itchy eye and sore throat.

We hope all practices will support this important campaign to highlight the integral role pharmacies play in the NHS. For further information, visit the [PHE campaigns website](#).

Barnsley Patient Council Meeting (please share this information with your patient group members where possible)

Next meeting: Wednesday 29 January 2020, 6pm -7.30pm. **Topic:** Refreshing the Barnsley End of Life Care Strategy for adults. **Venue:** All the meetings are held at the CCG offices - Hilder House, 49 -51 Gawber Road, Barnsley, S75 2PY from 6pm - 7.30pm. There is free parking on site, lock ups if you are travelling by cycle and the main bus stops for Barnsley Hospital are just next to our building. We're a 15 minute walk from the town centre.

Further information: Please visit the get involved section of our website at www.barnsleyccg.nhs.uk to access more information about the role of the Patient Council and for copies of the meeting papers. If you would like to attend a Patient Council meeting, please contact Angela Musgrave on 01226 433742 or email: angela.musgrave@nhs.net

Update and Further Clarification regarding Referrals to Cardiac Rehabilitation Programme – Angina and Heart failure

Cardiac rehabilitation is currently held at three venues across Barnsley:

- Huskar Community Rooms, Silkstone;
- Dearneside Leisure Centre; Goldthorpe, Rotherham.
- Dorothy Hyman Sports Centre, Cudworth.

An updated patient information sheet can be found [here](#)

There is also a short film available from the British Heart Foundation explaining the benefits of cardiac rehabilitation here. From April 2020 the service will be changing

venues to:

- Rockingham Centre, Sheffield Road, Hoyland Barnsley S74 0PY.
- Penistone Leisure Centre, Thurlstone Road, Penistone, Sheffield S36 6AR.
- Healthy Hearts Gym, The Old Bakery, 116 Midland Rd, Royston, Barnsley S71 4QT.
- Saint Helen's Church Community Hall, High Street, Thurnscoe, Rotherham S63 0QZ.

Each venue will host 2 'rolling' cardiac rehabilitation programmes per week with 30 places available at one time. Further details and communication will be sent out next year.

Following feedback from practices and following discussions with the service, the referral form for patients with chronic angina or heart failure has been updated and can be found [here](#)

To summarise:

- Patients with angina will only be accepted if they have **current/recent symptoms** (i.e. in the last 2 years) and they must be prescribed a GTN spray to attend the exercise programme.
- Patients who have undergone coronary artery bypass grafting (CABG) or other coronary intervention (PCI) can only access the service if their **angina symptoms have subsequently returned** (and are stable). If a patient has had a **recent** procedure (i.e. in last 6 months) and was unable to or declined to attend post procedure then they can be referred again.
- Heart failure patients must have their **diagnosis confirmed** by an appropriate diagnostic procedure (usually an echocardiogram)
- **If patients do not meet the above criteria then please code in patient's record as 'cardiac rehab programme unsuitable' or 'cardiac rehab programme not indicate'** (See PDA CVD specification for specific code details)
- If patients have a **diagnosis of respiratory disease and cardiac disease** then they should be referred to the most suitable programme first (dependant on which symptoms are most troublesome). If they would benefit from both programmes, then please specify on the referral form and once the first programme is completed they will be internally assessed and transferred to the other programme once when appropriate - there is no need to refer twice.

The latest Signals from the National Institute for Health Research (NIHR) Dissemination Centre include: [Taking blood pressure medications at night seems best](#)

For the complete, searchable, selection of NIHR Signals please visit the [Discover Portal](#)

EDUCATION AND TRAINING

EMIS Training

The Clinical Applications, Data Quality Support & Training Team (formerly Business Systems Support Team (BSS) have produced a newsletter aimed at providing GP practices and CCG's with information relating to our team, the work and support we provide and other relevant information such as training schedules, national programmes of work and local contact details. Please read the attached communications and feel free to distribute/print off for other members of staff who may not have access to email.

- [Course description SystemOne](#)
- [Course description EMIS Web](#)
- [Data Quality Training](#)
- [CASO Team Newsletter](#)

If you have any questions, comments or feedback regarding any of the information provided, or if there are any suggestions or news items you feel would benefit other GP practices to be included in our next communications, please get in touch.

NHS App Webinars

Details of NHS App webinars can be found [here](#) these are aimed specifically at Practice Managers, Operational Managers and Lead Receptionists. This one hour webinar aims to support practices in getting the most from the app.

Practice Managers Business Leadership Development Session

Details of the upcoming Practice Managers Development Session due to take place on 28 January 2020 can be found [here](#)

Cancer Awareness Event

A Cancer Awareness event is being held on **30 January 2020** which looks at preventative measures and living with and beyond Workshop to help raise awareness of cancer and how to support employees who are diagnosed with cancer. Organised as part of the Be Well@Work Programme for businesses across Barnsley. This workshop will provide you with information around cancer and how you can better support your employees within the workplace

To book a place: <https://www.eventbrite.com/e/cancer-awareness-preventative-measures-and-living-with-and-beyond-tickets-73131242515>

Local GP Retention Schemes - South Yorkshire Next Generation GP Programme

For further information please click [here](#)

Learning from Living with Dementia - Train the Trainer Course

Please find details of a Train the Trainer course for the Learning from Living with Dementia course [here](#), which won the National Dementia Care Aware for Best Dementia Training Initiative 2019. The course was co-produced with people living with dementia and all the key learning points are taught, via embedded video clips, by people who have dementia.

This two-day Learning from Living with Dementia Train the Trainer course is appropriate for anyone who wishes to deliver dementia awareness training to health or social care staff, from experienced care staff through to professional trainers. Each participant will receive a complete set of the resources for delivering the course, including the slideshow with embedded video clips, trainer's guidelines and handouts.

SCREENING AND IMMUNISATION

The Yorkshire and Humber Screening and Immunisation Team update for the week commencing 6 January 2020 can be found [here](#)

The update includes information:

- Seasonal Flu
- Green Book updates : Measles and the UK immunisation schedule
- Immunisations: applying All Our Health
- PHE Screening blogs

SAFEGUARDING

No items this week.



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Putting Barnsley People First